

# Patience



LIGHT OF DAMARIS

## Galatians 5:22-23

ESV

But the fruit of the Spirit is love, joy, peace, **patience**, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

**Patience** is defined as “bearing pains or trials calmly or without complaint ... manifesting forbearance under provocation or strain ... not hasty or impetuous ... steadfast despite opposition, difficulty, or adversity ... able or willing to bear...”

Psalms 40:1 I waited patiently for the LORD; and he inclined unto me, and heard my cry.

“A calm temper which bears evils without murmuring or discontent,” as defined on the [kingJamesBible.com](http://kingjamesbible.com)

“The suffering of afflictions, pain, toil, calamity, provocation or other evil, with a calm unruffled temper,” as defined on [kingjamesbible.com](http://kingjamesbible.com).

Injuries and offenses borne without anger or revenge based on [kingjamesbible.com](http://kingjamesbible.com)

Endurance without murmuring

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